



11.09.1984

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## CONTACTS

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## HOBBY

Photography  
Travels  
Snowboard  
Trekking  
Climbing  
Surf

MED.DOC.

# CHIARA ELISA MAZZI

## EDUCATION

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### YTT 40 HR Workshop Ashtanga Yoga

2024

Chuck Miller (Hong Kong) China

### YTT 200 HR Yoga teacher training

2024

Yoga Union Bali (Ubud) Indonesia

### TRAINING COURSE IN OXYGEN-OZONE

2021

AIMF Verona

### MASTER in NUTRITION AND DIETETICS

2023

Nutrimedifor (Milano)

### TRAINING COURSE IN PALLIATIVE CARE

2021-2022

Bolzano

### TRAINEE IN FAMILY DOCTOR MEDICINE

2015-2018

Azienda Sanitaria dell'Alto Adige - Bolzano

### DEGREE IN MEDICINE AT MILAN UNIVERSITY HUMANITAS

Luglio 2014

Laurea in Medicina e Chirurgia con votazione 100/110L

### UNIKLINIKUM FREIBURG IN BREISGAU

2011

ERASMUS STUDY PROJECT

## WORK EXPERIENCES

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ALCHEMY YOGA AND MEDITATION CENTER

**VOLUNTEER AS EVENT COORDINATOR  
AND YOGA TEACHER SUB**

Ubud - Indonesia

february 2024 - August 2024



**COORDINATOR OF YOGA and SURF**

Peniche - Portugal

January 2023 - August 2023



Südtiroler  
Sanitätsbetrieb



Azienda Sanitaria  
dell'Alto Adige

Azienda Sanitaria de Sudtirol

**SELF EMPLOYED MEDICAL DOCTOR IN FIRST AID (SMALL EMERGENCIES)  
and TOURISTIC DOCTOR in Selva Gardena**

August 2023 - until now

**SELF EMPLOYED AS FAMILY DOCTOR**

April 2019 – January 2023

**MEDICAL DOCTOR IN FIRST AID ( SMALL EMERGENCIES)**

January 2017 – October 2020



Ente Ospedaliero Cantonale

**MEDICAL DOCTOR IN INTERNAL MEDICINE**

November 2018 – February 2019

Mendrisio Switzerland



**Croce Rossa Italiana**

**FIRST AID VOLUNTEER FOR ITALIAN RED CROSS**

September 2010 – August 2013

Varese

**SKILLS**

Strong decision maker

Complex problem solver

Use of PubMed, UpToDate

Microsoft Office™

## **LANGUAGES**

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**Italian – mother-tongue**

**German OSD Level C1**

**English: FCE Level B2**

**Spanish: Level A2**

Ai sensi del D. lgs 196/2003 autorizzo il trattamento dei miei dati personali